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Travel
Expert **JASMINE HARMAN** tells you where to go in the world and how to get there for the best possible price

Q I want a romantic Valentine's break with my boyfriend - where would you recommend?
JOANNA, 26, PRIVATE

A Valentine's Day can be costly if you want to go away but there are plenty of romantic locations that won't break the bank. Here are my top three loved-up hotspots...

Paris
Paris is the ultimate destination for a romantic break. Take a trip to the top of the Arc de Triomphe, followed by a boat ride down the Seine and dinner at Le Petit Prince De Paris in the historic Latin quarter, which is great for a wander (www.lepetitprinceparis.fr). Stay at the stunning Hotel Sainte Beuve, nestled on the Left Bank of the river. The rooms are all individually designed, with extras like fluffy robes and slippers, and start from £120 a night (www.hotelsaintebeuveparis.com). Eurostar operates up to 18 daily services from London St Pancras to Paris Gare du Nord from £69 return. Visit www.eurostar.com.

Bath
Bath is a heavenly city. Wander past beautiful Georgian townhouses in the Royal Crescent, visit the ancient Roman Baths, then head to the Thermae Bath Spa (www.thermaebathspa.com). Here, you can laze like a celebrity in the unique naturally-heated, thermal rooftop pool with its stunning views of the countryside, before indulging in a his 'n' hers relaxing treatment. Stay at The Queensberry Hotel (www.thequeensberry.co.uk), a 30-seconds, friendly, boutique home-from-home just minutes from the town centre, with enormous beds, high ceilings and complimentary bathrobes. At night, the hotel's classy Olive Tree restaurant is perfect for a tupples and a romantic dinner for two. Rooms cost from £99 - visit their website for special deals.

London
Perfect for a truly unforgettable stay, London has it all. Why not start with a special Valentine's Champagne Flight on the London Eye for £35 (www.londoneye.com)? Then relax in the afternoon at the luxurious Persian-style Kuno Tierra day spa (www.kunotierra.com). Try the bespoke anti-ageing facial - specially designed by Verity Smith, who works her magic on the A-list. Stay at Durants Hotel, a Georgian townhouse hotel in the heart of the West End, which is perfect for shopping and sightseeing. The rooms have a swanky upmarket feel and start from £155. Visit www.durantshotel.co.uk.

Life Coach
Got a friend, work or where's-my-life-going worry? **JESSICA CHIVERS** can help

Q I'm the boss at my company and have fallen for one of my employees, and I think he likes me too. What should I do?
MARILYN, 32, ONLINE

A Many happy relationships have started this way, but with job security and sexual harassment issues at stake, it's a good idea to take the relationship slowly. If you think the two of you really could have a future together, talk things through before you even kiss. Have a look at the website www.welfareatwork.co.uk for more information on the ethics and legalities of work relationships and be very careful about how you reveal anything to your colleagues and other bosses or managers.

Interiors
Homes guru **JASON COULSTON** can make your place look gorgeous

Q I want a romantic feel in my bedroom, without it looking cheesy. Any suggestions?
ADINA, 33, KINGSTON

A Get a romantic yet non-tacky feel to your room with cushions from www.eccentric.co.uk. Try their Scrabble Cushions or Love Cushion, both £45.98. Also like Nest's Silver Ceramic Love Cushion, £38. Bold and noble.com

LOVE

Queens Berry HOTEL